

Ways to Give

Barrio Action is an organization of people - a grassroots force of individuals of every description, joined together in common purpose. Our strength is direct reflections of the willingness of community members to become personally involved in changing lives and making a difference in our communities.

General Membership

Support Barrio Action as a general member with a gift of **\$35** or more annually. You will get complete access to events information and volunteer opportunities and receive bi-monthly e-newsletters.

Barrio Action Partners

Support equality each month with contributions of \$10 or more. A Partners membership is a great way to have a major annual impact with a modest monthly donation.

Barrio Action Hope Club

Become a leader for families in need. Your generous support will help fund the critical work of Barrio Action Youth & Family Center. With an annual contribution of \$1,200 or more you will help Barrio Action with the ability to respond quickly and effectively on important issues affecting the families we serve

To start making an impact in the Families we serve please make a contribution now.

For more information contact:

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Our New Beginning

In February 2008, we began providing our programs and activities in our new 22,000 square-foot facility located in El Sereno. We expect to increase our annual number of individuals served from 1,200 to almost 5,000 in calendar year 2009.



Partnerships & Collaborations

- ♥ Casa de la Familia
- ♥ Children's Bureau
- ♥ DCFS
- ♥ DMH
- ♥ DPH
- ♥ DPSS
- ♥ El Centro de Ayuda
- ♥ FUSION Dance Academy
- ♥ Hathaway-Sycamores
- ♥ LA Center for Law and Justice
- ♥ LA Voice Pico
- ♥ LAUSD
- ♥ Legacy LA
- ♥ Violence Intervention Program (VIP)

In order to better serve the community of El Sereno, Barrio Action continuously seeks for guest providers who fit the purpose and mission of our agency. If you are interested in Partnerships please call our offices.

If you would like to volunteer, donate or obtain detailed information on any of our programs, please call us at 323-221-0779 or email at Info@barrioaction.org You may also visit our website at: www.barrioaction.org

Barrio Action Youth & Family Center

Our Mission

To work in partnership with youth and their families, seeking to increase their understanding of life choices available to them including a personal commitment for renewed dignity and self-esteem



Our History

For 30 years, Barrio Action has served the residents of El Sereno in Northeast LA with quality, results-oriented programs. We work with people of all ages, with a special emphasis on helping high-risk and at-risk youth, young adults and their families. Since 1977, we have provided more than 20,000 youth and families the tools to:

- Create and sustain a healthy and nurturing family life;
- Establish a commitment to education
- Develop and improve their social skills; and
- Retaining their dignity and reinforce their self-esteem.

Programming 2008-2009

We serve 1,200 youth and their families annually through funding from the City of LA. Our community programs focus in the following areas:

- Education
- Youth and Family Counseling and Case Management
- Recreation/Sports
- Community Engagement/Empowerment

Education

Barrio Action's long-running, *alternative education program* targets at-risk and high risk youth who have dropped out of traditional school programs and those who are on the verge of dropping out.

In collaboration with Los Angeles Unified School District, we provide a non-traditional learning environment and support enrichment activities. The program's objectives focus on providing school dropouts re-entry opportunities to improve academic performance; enhance their critical thinking skills; increase their commitment to themselves, school and/or work; and enhance their motivation and sense self-efficacy.

Youth and Family Counseling / Case Management

Youth are provided intensive and comprehensive services including psycho-educational support groups, individual counseling and youth development in order to reduce barriers to learning and promote academic success. Topics addressed are:

- bullying,
- anger management
- conflict resolution
- life skills
- peer support for healthy relationships
- violence prevention
- drug and alcohol and tobacco abuse

Family services are aimed to build parents, guardians, and/or other significant adults in the lives of youth, with skills in effective supervision, enhance family communication, assistance to parents in supporting their children's academic progress and involvement in pro-social activities, advocating for the needs of their children in schools and other government systems including the juvenile justice system.

Our *Parenting Classes* are designed to work directly with parents in a group setting to have them appreciate the value of their children and learn new ways of honoring them through positive parenting methods. Some of the topics include: communication, discipline, nutrition, family budget, etc.

Our *Domestic Violence Prevention Program* offers individual and group counseling for either the victims or the perpetrators of domestic violence. Our goal is to have families identify the trauma to their children and the negative modeling as parents.

Our *Professional Mental Health* services are offered to children ages 0-18 with a strong focus on victims of violence and crime and addresses issues such as drug and alcohol addiction, gang involvement, trauma from domestic violence and the abuse and neglect suffered at the hand of those who love them.

Recreation and Fitness

Youth are provided with the following activities:

- ♥ **Basketball**
- ♥ **Volleyball**
- ♥ **Indoor Soccer**
- ♥ **Indoor Tennis**
- ♥ **Indoor Badminton**
- ♥ **Indoor Flag-football**
- ♥ **Weight Training**

Open for youth ages 7+ and *free* of cost. These programs were designed to engage youth in a positive environment of sportsmanship, respect, and physical activity. These activities take place in our **indoor league-sized basketball court**.

ENERGY Pediatric Weight Management Program

Provided by Queens Care Family Clinics, the acronym clearly defines its goal: Eating Nutritiously, Exercising Regularly, and Growing Y-sely™. This clinical based, family centered model is interactive, upbeat, and fun for the entire family.

FUSION Dance Academy:

This program offers a wide variety of upbeat dance classes for the entire family, from pre-dance for ages 3+, to Hip-Hop, Latin Fusion, Step Aerobics, Ballet, and many others. It is offered by Fusion Dance Academy from Monday-Saturday.

After School Programs

- Homework Assistance
- Arts and Crafts
- Tutoring
- Leadership Groups
- Field Trips

Community Service

We provide a healthy and education driven environment for youth to complete their assigned community service hours. These community service hours are design to instill a sense of "giving back" for the youth in the program. Our goal is to have them understand that serving their community at our Center is a meaningful way to get to serve others.

Adult Programs

Senior Fitness Program

Housing Legal Aid

Parent Leadership Activities

Community Empowerment